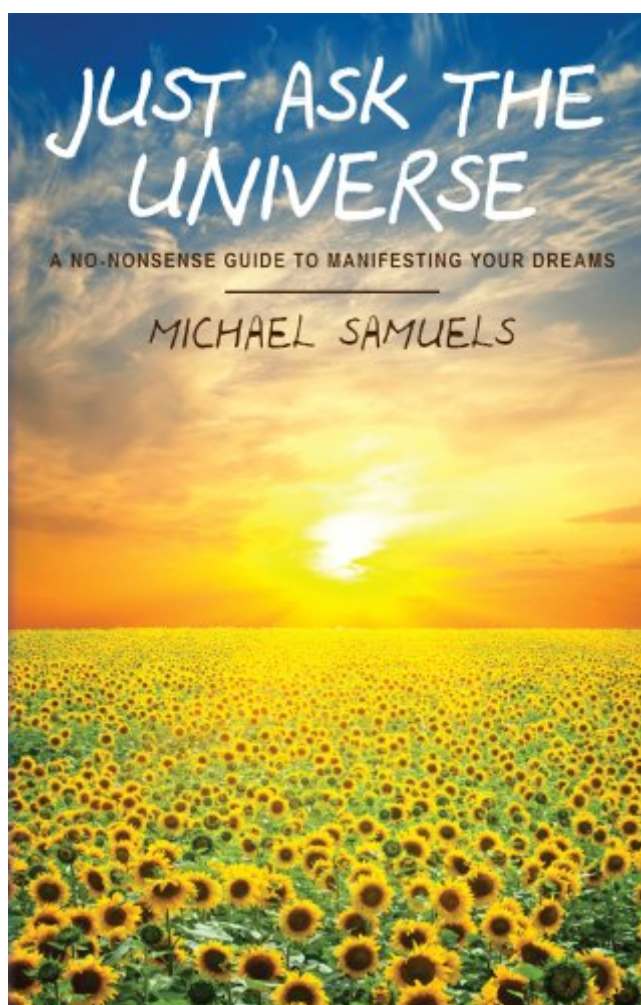


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# Just Ask The Universe: A No-Nonsense Guide To Manifesting Your Dreams



## Synopsis

Just Ask the Universe is not a book of New Age gobbledegook filled with empty promises. Angels won't fly from above and touch you while you're reading. You will not be asked to practice unusual or tedious rituals. There will be no preaching or sage advice and there will most certainly be no channeling of your inner chakras or dressing like Friar Tuck. Just Ask the Universe is a realistic guide to personal development. By creating a blueprint for self-growth and commanding your subconscious mind, the Universe will manifest all your dreams. For over two decades, Michael Samuels has studied and methodically tested hundreds of books on self-improvement, spirituality, and the metaphysical. Just Ask the Universe accumulates the wisdom from "thought teachers" like: Wallace Wattles, Anthony Robbins, Rhonda Byrne, Joseph Murphy, Robert Collier, and Napoleon Hill, and compiles it under one unified lesson: if your thoughts are clear and in harmony with your mind and the truth of your surroundings, your life can be filled with all the richness the Universe has to offer. As a culmination from these teachings, Michael will show you how to use simple and fun techniques to create a more desirable future. This approach, coupled with real-life stories, will teach you how to achieve personal power to overcome any barrier. Regardless of what your present circumstances might be, by following the principles in this book, you will be able to gain power over your destiny. The Universe is listening. All you have to do is just ask.

## Book Information

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## Customer Reviews

I give this book 5 stars because I truly APPRECIATE the authors approach. If you've read e-squared, you know that it's a book designed to provide you with manifesting experiments. The first experiment is a 48 hour challenge to show that "God" is real. So I did it.... and nothing happened. And I got frustrated. Then I realized, this is wrong with our society now... We expect INSTANT results. Why did I need to ask for a gift within 48 hours and what does it say if things didn't happen for me in that time frame? Anyway, I read this book right after and it just really put things back on track. The author points out that you need to have patience with the Universe. It operates like the good ole US Postal Service. You may not be able to order express shipping or do a rush order, but your package will come on time! I feel like this author really has a better grasp on manifestation than others. Asking the universe is so simple, realistic and inspiring. He points out the basic tools you need to make things happen. The only thing that was missing from this is the suggestion that in manifesting you should really focus on one thing at a time. Creating lengthy lists can be overwhelming on the brain and therefore affect your subconscious. If I were the author the only other thing I would add is a suggestion for people to meditate. This way you can really develop a relationship with your subconscious.

I really loved this book. It was a super quick read ~ but he mentioned a bunch of other book references that I will check out too. We seem to have the same love for authors in common (which was a huge plus!). Loved his details for making your "I Want" list(s)

I'm really gaining an affinity towards these books with less than 150 pages. It appears there's a ton of info packed into a short booklet. My AHA moment came when 7 of the authors inspirations are authors I've read or am currently reading. I look forward to telling what I accomplished using these principles

Bought this book on a whim because it was 99 cents and I ended up loving it! This book was very simple and to the point, yet was very meaningful. If anyone is confused about how to manifest things into their life, this is a great guide. It's a good read the first time around, but I can definitely see myself re-reading it from time to time just to remind myself of what I need to be doing/to keep

myself on track.

This book is ok. It's a bit lacking in substance for my personal taste, but it may be enjoyable for someone that wants a quick and not very in-depth read on utilizing the subconscious mind. It has some helpful pointers and exercises (mainly the gratitude list and the list of wants), but outside of that, it felt a bit empty and almost superficial to me. This book is at most a supplemental read to pair along with more informative and full-bodied books on the subconscious mind. I recommend focusing on such books as *The Power of Your Subconscious Mind* by Joseph Murphy if you want depth and substance on the subject, and maybe just read this book alongside it.

That is the best summary that I could come up with for this book. Five stars for coming at the Law of Attraction from such a different angle, but there is not any new information in here for avid followers of the subject and, in all honesty, it leaves out and goes against some of the natural rules for the universal law to work. But hey, it's a cute read.

I have read countless self-help books about abundance, manifesting, and the law of attraction, and this little book caught my eye. I love the way the author is precise and to the point, and he doesn't get all crazy with a million steps. I found it helpful, and I really pray that these principles work for me. I've been searching and searching for something to just "work" and so far, I feel, although these types of books help me in a lot of ways, I haven't seen the manifestation of my dreams and desires. This book helped me get more clear with what I desired and wanted, and now my order is put out into the universe! I have always known that beliefs are what draws things to you, but I think the hard part was understanding how to change them. I think there is a lot of different ways, but this little book gives you a simple way to help you. Although I wish this was longer, it was nice that it was easy-to-read, and I read it all in one day. I pray this little book works, and helps others too!

This book was a real eye opener to me. I really enjoyed the exercise of creating a list of items that I have received in my life. My personal belief system makes me feel somewhat awkward talking to my subconscious, etc., but that does not detract from the book. I even posed some questions to the author, and he was kind enough to reply with a thoughtful response. I will be on the look out for other works by this author, and continuing to add to my "I want" list in the hopes that I can be a blessing to others.

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